

What is H.O.W. about.....



One woman with \$10.00 can buy lunch for a friend...Ten women with \$10.00 each can buy groceries for a family in need....100 women \$10.00 each can make a real difference in their community.



Some of our HOW ladies from a previous dinner! Sorry we didn't get a picture from the last dinner! I was sick and had to leave early

## Reminder

Do you know a woman or a member of a woman's family who is going through a time of irreplaceable loss? Then bring their name to our meeting and nominate them to be our next recipient. Remember that by helping one woman, we help one family and one community.

## Our Next Meeting

Tuesday, June 21 @6pm

BJ's Restaurant

10750 Stockdale Hwy., 93311

RSVP [cralhunter@gmail.com](mailto:cralhunter@gmail.com)

Can't make it to the G.N.O but want to help? Mail your donations, payable to Lesley Simons Pennel. Send to HOW Bakersfield, PO Box 11478, Bakersfield, CA 93389

## May Dinner

Our May HOW recipient was Glenda Garcia. We had a great turnout for Glenda and a wonderful night of support. Glenda's 10 yr. old daughter, Jasmine, is suffering from ALL-Acute Lymphoblastic Leukemia. She has been receiving chemotherapy treatment. Glenda and her family really appreciate all the support HOW Bakersfield gave. Great job ladies! Please continue to spread the word and come to our dinners it really does mean a lot to our recipients.

## June Recipient

Our June recipient is Lesley Simons Pennel. Nominated by Dorothy Carroll. Lesley, age 42, is a life-long Bakersfield residents project manager for IBM. She was diagnosed with aggressive breast cancer in May. She had an immediate double mastectomy and another follow up surgery to remove 21 lymph nodes from her arm. She will be starting 4 cycles of chemo. 3xweek and then radiation. Lesley has a supportive husband, Shawn, and 3 children, Halle and Ethen ages 18 and 14, and stepdaughter Kennedi. She is struggling with not being able to give to her family 150% as usual and currently struggling with medical costs of copays and such. Lesley is committed to not having her cancer keep her family from living a normal life. Please come to our HOW June dinner and give this sweet family some much needed support. We hope to see you all there!