



**H. O. W. Motto:**

One woman with \$10.<sup>00</sup> can buy another woman lunch.  
 Ten women with \$10.<sup>00</sup> can buy another woman's groceries.  
 One hundred women with \$10.<sup>00</sup> can make a real difference  
 in another woman's life.

**SAVE THE DATE!**

The Fresno Chapter of H.O.W. is honoring this month's recipient at  
 6:00pm on Tuesday, October 18<sup>th</sup> at "Sal's Mexican Restaurant"  
 located on the NE corner of Fresno St. and Alluvial Av. in Fresno.

**Please join us for H.O.W.'s October dinner honoring  
 NANCY COULOMBE**

**Tuesday, October 18th, 2011 at 6:00pm**

**SAL'S MEXICAN RESTAURANT, 7476 N. Fresno St., Fresno**

**Contact Kim for reservations: (559) 313-3982/Email: avedfamily@gmail.com**

*For our convenience, Sal's has pre-set the cost for our October dinner at \$12.99 per person (including your meal, iced tea, tax and tip). Please let Kim know how many women will be included in your group so she can ensure there is adequate seating reserved for all attendees.*

October's recipient Nancy Coulombe has been a beloved and highly respected teacher in the Coarsegold area since 1989.

In May of this year, Nancy visited her doctor because she had been experiencing severe pain in her chest and was concerned that she had pneumonia. When her physician initiated extensive testing, a large tumor was detected. The massive size of the tumor had actually broken one of Nancy's ribs and perforated her lung and it was further determined that the tumor was inoperable.

Nancy was required to stop working immediately upon her diagnosis. As a single parent with only her 27-year old daughter living in the area, Nancy's sister Toni, who has recently lost her husband to cancer, left her home in Oregon to assist in caring for her.

The insurance Nancy was able to afford through her teaching job pays 70% of her medical costs, but at this point she has accumulated six hospital stays and innumerable office visits and treatments, causing the debt and bills to soar.

Since her diagnosis in May, the cancer has spread to Nancy's spine, bone marrow and lymph nodes. Ironically, this month's H.O.W. dinner falls on Nancy's 60th birthday. Her friends and family are hopeful the generous gift that H.O.W.'s participants offer will help ease some of Nancy's financial troubles so she can focus on her treatment and recovery.

**H.O.W.'S VISION STATEMENT**

*We envision a world where everyone is willing to provide comfort and support to another person when they need hope restored to their life.*

**PLEASE FORWARD THIS NEWSLETTER TO THE WOMEN YOU KNOW. THE MORE WOMEN PARTICIPATING IN H.O.W., THE MORE WOMEN WE CAN HELP!**

**News about October's H. O. P. (Helping Other People) Breakfast!**

**Bring your kids to help honor our October Recipient!**

**Saturday, October 15th  
 9:00-10:15am**

**McDonald's Restaurant**  
 (S.E. corner of Willow & Nees in Clovis)  
 H.O.P. partners with Childrens Hospital to gather nominations for monthly recipients. However, if you know of a family with a child that would like the support of H.O.P.'s caring families, please contact us.

For details email hopfresno@yahoo.com or call Meegan Grant at (559) 240-1809 Website: www.helpingonewoman.com

**The CLOVIS DINNER CHAPTER**

THE CLOVIS CHAPTER OF H.O.W. MEETS FOR DINNER THE THIRD MONDAY MONTHLY. OCTOBER'S DINNER HONORS STEPHANIE SLY MONDAY, OCTOBER 17TH AT 6:00PM at "QN4U" 1414 CLOVIS AV, CLOVIS (IN THE BARNYARD SHOPPING CENTER) CALL THE RESTAURANT AT 765-4078 TO MAKE YOUR RESERVATION.

"Occasionally in life there are those moments of unutterable fulfillment which cannot be completely explained by those symbols called words. Their meanings can only be articulated by the inaudible language of the heart."

- M. L. King, Jr.  
 (a portion of Dr. King's recipient speech for his 1964 Nobel Peace Prize award)



*Recipients of H.O.W. contributions are always a woman or member of a woman's family who is going through a time of irreplaceable loss, or who has been through a period of irreplaceable loss within the past 12 months. The recipient is randomly selected from nominations offered by attendees at the previous month's H.O.W. dinner. (Irreplaceable loss is defined as a catastrophic loss which cannot be recovered.)*

**In addition to the monetary gift of money and the emotional support that H.O.W. provides our recipients, we also have a group of volunteers who provide our recipients with five meals and one dessert from our David Restovich Meal Program (D.R.M.P.)**

**If you would like to volunteer for our meal program, please call Brenda Critzer at (559) 285-3397. Your time and generosity is truly appreciated and extremely valuable to our recipients as well as to the H.O.W. organization.**