



**February Recipient  
Cathy Holt**

**January Meeting**

*Next H.O.W. Meeting:*

*February 21st*

*6:00 p.m.*

*Yarnal's Pizzeria*

*820 West Lacey Blvd.*

*Hanford*

Dinner

Salad

Soft Drinks, Tea or

Coffee

\$10 per person

Please RSVP for the meeting by e-mailing HOWHanford@gmail.com or by calling Catherine Koelewyn at 309-3338.

Can't make it to the meeting, but want to help?

You can mail your donation, made out to Cathy Holt, and mail to: C/O Catherine Koelewyn HOWHanford, 7929 13<sup>th</sup> Avenue Hanford, Ca 93230

Your donation will be given to Cathy at the February meeting.

Please forward this invitation and newsletter to the many women you know who would like to Help One Woman.

I am late in getting information from Cathy and am awaiting a phone call from her for more details. But, what I know as of now, is that Cathy has a young adult son who has suffered from severe neurofibrosis. Neurofibrosis, also known as neurofibromatosis is a genetic condition that can affect anyone. It is characterized by the growth of tumors known as neurofibromas. They grow anywhere in the body where nerve cells can be found.

It is my understanding that Cathy's son has had many surgeries to remove tumors. He has many growing in the brain as well, which has left him disabled and bound to a walker as of now.

Cathy is the sole provider and cannot work because her son needs her 24-7. They are financially strapped, as you can well understand.

**More info to come: Please STAND-BY! Meanwhile, spread the word! A woman in our community is in need of support! Come out February 21<sup>st</sup> to support Cathy and son.**

Wow! Truly amazing our community is! Over 90 people attended in honor of Barbara Braz in January. We were able to gift her and her family with over \$2100. Barbara and her family are sincerely grateful! Thanks Kings County.

*One woman giving \$10 can buy another woman lunch.*

*Ten women giving \$10 can buy another woman's groceries.*

*One hundred women giving \$10 can make a real difference in another*



While you are out in the community, keep your eyes and ears open for a recipient. Recipients are women or their immediate family who are going through a time of irreplaceable loss. Everyone who submits a name at the February meeting will pick out of the "bobble" basket for a treat!

*The Hanford Chapter of Helping One Woman will honor a recipient each month whose name is drawn from nominations offered at the previous month's meeting. H.O.W. attendees purchase their own meal and provide a \$10.00 or greater cash donation at each month's dinner. This monetary gift our participants offer to each recipient is a wonderful supplement to help them during their time of loss; however, the overwhelming emotional and heartfelt support that we give our recipients is the energy behind the Helping One Woman Organization. It is powerful and healing and your support is greatly appreciated!*