



**November Recipient
Rhonda Knox**

October Meeting

Next H.O.W. Meeting:

November 15th
Yarnal's Pizzeria
820 West Lacey Blvd.
Hanford

Dinner
Salad
Soft Drinks, Tea or
Coffee

\$10 per person

Please RSVP for the meeting by e-mailing HOWHanford@gmail.com or by calling Catherine Koelewyn at 309-3338.

Can't make it to the meeting, but want to help?

You can mail your donation, made out to Rhonda Knox HOWHanford, 7929 13th Avenue Hanford, Ca 93230

Your donation will be given to Rhonda at the November meeting.

Please forward this invitation and newsletter to the many women you know who would like to Help One Woman.

Rhonda Knox was diagnosed with stage 3 breast cancer on March 16, 2011. She had a biopsy, then chemo, which literally eradicated the tumor. However, they went ahead and did surgery to "scoop" out the area for clear results of any possible remaining cancer cells. She has completed to date, one-third of her radiation treatments.

Two of the most difficult aspects of her journey with cancer have been 1) watching her daughter struggle with her disease, and 2) losing her hair. She also lost her job while on disability from undergoing chemotherapy.

Because she is immune suppressed, she will not be able to physically be with us, but her Aunt will be reading a letter from Rhonda, sharing her journey.

Please come out to support Rhonda as she continues on her journey with cancer.

As a reminder...we will not be meeting in December. We look forward to seeing everyone at our first 2012 dinner meeting on January 17th.

Have a blessed and safe holiday season!

Thank you for coming out to our October meeting. We were able to gift Janessa Raygoza with over \$700. She was so appreciative and blessed to accept.

Please keep Janessa and her family in your thoughts and prayers.

One woman giving \$10 can buy another woman lunch.

Ten women giving \$10 can buy another woman's groceries.

One hundred women giving \$10 can make a real difference in another



While you are out in the community these next few weeks, keep your eyes and ears open for a recipient. Recipients are ladies or their immediate family who are going through a time of irreplaceable loss. Everyone who submits a name for the fish bowl at the June meeting will receive a prize!

The Hanford Chapter of Helping One Woman will honor a recipient each month whose name is drawn from nominations offered at the previous month's meeting. H.O.W. attendees purchase their own meal and provide a \$10.00 or greater cash donation at each month's dinner. This monetary gift our participants offer to each recipient is a wonderful supplement to help them during their time of loss; however, the overwhelming emotional and heartfelt support that we give our recipients is the energy behind the Helping One Woman Organization. It is powerful and healing and your support is greatly appreciated!