



In Honor of Recipient *Julie Becker*

SPONSOR'S NAME: Joan Patterson

Who is Julie?

Julie and Carl moved to Alta Loma in August of 1990. They bought a house and ended up getting horses as they both had horses earlier in their lives. Carl worked as a vet at East Valley Emergency Pet Clinic in Diamond Bar since 1980. They did a lot of camping together and enjoyed the outdoors as much as they could. They bred dauchounds and were always over their limit with 10-12 dogs at a time. They decided to give their dogs to seniors who had lost a spouse for free along with free vet care by Carl for life. Carl was a very generous man. He would make things affordable or not charge regular clients if they could not afford the care for their animals.

Carl would just pay for it out of his own paycheck.

Carl was diagnosed with prostate cancer 7 years ago and had his prostate take out. He had chemo but could not undergo it any longer it made him too sick. The past 5 years were hard, he still rode his horses, worked and never let on that he was sick. He did not want anyone to really know. He was an incredible man. He did so much for so many people. At his service the church was packed and outside too.

We hope you will come hear Julie speak so you can hear the story in real life. It is amazing how when we help others we also end up getting helped in some way or another..

If you know of a woman in our community that we can help, please nominate her at our meeting. We look forward to encouraging all women in our community and can only do that with your support. Thank you for inviting your friends and family to our meetings. You never know, they may need the support of our group at some time as well. We have been able to help many women last year and want to help even more in 2011. We cannot do it without you! Thank you so much for your help and support.

Please ask yourself

H.O.W.

Can I help?



H.O.W. Motto

One woman giving \$10.00 can buy another woman lunch.

Ten women giving \$10.00 can buy another woman's groceries.

One hundred women giving \$100 can make a real difference in another woman's life

Southern California Chapter

March, 2011

Helping One Woman (H.O.W.) was founded by two women in Fresno, CA in April of 2008. They wanted to get together once a month to have dinner at a local restaurant and catch up with what was going on in each others' lives.

They also had an idea of how they could make a difference in another woman's life and help their community at the same time.

Each month, every chapter selects a local restaurant for their "girls' night out" where women can get together to socialize with women whom they know and meet women whom they don't know. Meeting the women whom they don't know creates opportunities to develop new friendships, contacts and support. But something very special happens during this dinner as well.

During the dinner every woman puts a \$10.00 gift into a clear glass bowl; towards the end of the dinner, at least two of the women attending count the money in the bowl and then present it to a nominated recipient.

Recipients are women or a member of a woman's family who are going through a time of irreplaceable loss. They are randomly selected from nominations by the attendees that have been placed in a basket.

The evening concludes by presenting a monetary gift to one woman. The gift is unconditional and the recipient can use her gift however she chooses.

But the monetary gift is only a small part. The "priceless" gift is the emotional and physical support of seeing women who have never even met the recipient being there...for them. Some of these recipients have gone on to start their own H.O.W. Chapters, others become a support to another woman going through what she has gone through and there are women who have rallied groups to walk, run and help fight for other women's well being.

That moment when that gift is given changes every woman in attendance. Perspectives change, attitudes change, and communities become stronger. If you help just one woman you have also helped one family and you have helped one community.

In today's world, time and money are precious commodities and H.O.W. gives women a way to maximize both.

H.O. W.
~ Helping One Woman ~
Southern California Chapter
Invites you to join us for dinner
In Honor of Our Recipient

Julie Becker
Sponsored by Joan Patterson

On Tuesday, March 15th, 2011
At 6:30 PM

To make individual or group reservations
Call 909-948-1130
Tell them it is for the HOW dinner
Mimi's
provides a wide menu at an
affordable price

Please RSVP to Chapter Leader
Joan Patterson
Calljoan4homes@aol.com
951-204-1864

PLEASE FORWARD THIS
INVITATION TO THE MANY
WOMEN YOU KNOW WHO WOULD
LIKE TO
HELP ONE WOMAN