

What is H.O.W. about.....



One woman with \$10.00 can buy lunch for a friend...Ten women with \$10.00 each can buy groceries for a family in need.... 100 women \$10.00 each can make a real difference in their community



Our March recipient Mary Lou Long, wearing purple, surrounded by her loving friends who nominated her!

Reminder

Do you know a woman or a member of a woman's family who is going through a time of irreplaceable loss? Then bring their name to our April meeting and nominate them to be our May recipient. Remember that by helping one woman, we help one family and one community.

Our Next Meeting

Tuesday, April 20th @6p.m.

Mauricio's Grill & Cantina
10700 Rosedale Hwy. 93312

RSVP cralhunter@aol.com

Buffet/Tostada & Taco Bar
\$10.95/person + tax & gratuity

Can't make it to the G.N.O but want to help? Mail your donations, payable to Brenda Stuck. Send to HOW Bakersfield, PO Box 11478, Bakersfield, CA 93389

March Meeting

We had our largest turnout yet for our March dinner. Around 62 wonderful, supportive, generous women linked arms to give Mary Lou Long a night of hope and support. Mary Lou has been her husband's caregiver while he has been battling cancer for the second time. It was so nice to meet her and rally around her with such support from family, friends and fellow women in the community. We were able to gift her with over \$1200. Let's keep the momentum going and change our community, one woman at a time!

April Recipient

Brenda Stuck was diagnosed 20 yrs. ago with a Glomus Jugulare brain tumor, and underwent a 24hr. surgery to remove it. Around 6 months ago Brenda started having severe migraines and facial seizures. After many tests and scans she found out it was back. 3 months later she underwent the cyber knife—a form of radiation. This procedure did not work and she is receiving steroids and many pain meds while she awaits her next step with UCLA. She is in a tremendous amount of pain and weight gain due to the steroids. Brenda is a loving wife and mother to 3 grown boys—Kyle, Lee, and Ryan. Her husband, Mike has been her rock with such support and care for her. Along with her sons and daughter in laws. Ladies of Bakersfield, let's give Brenda a much needed night of support and hope she so deserves. Please join us and spread the word!