

What is H.O.W. about.....



One woman with \$10.00 can buy lunch for a friend...Ten women with \$10.00 each can buy groceries for a family in need.... 100 women \$10.00 each can make a real difference in their community



A group of our HOW ladies at our last dinner, having a great time!
One of our past recipients, Donna Hermann among them!

Reminder

Do you know a woman or a member of a woman's family who is going through a time of irreplaceable loss? Then bring their name to our meeting and nominate them to be our next recipient. Remember that by helping one woman, we help one family and one community.

Our Next Meeting

Tuesday, August 10th @ 6p.m.

Chuy's Mesquite Broiler

RSVP cralhunter@aol.com

8660 Rosedale Hwy. 93312

No host dinner & drinks

Can't make it to the GNO, but want to help? Mail your donations payable to Helen Sherill. Send to HOW Bakersfield, PO Box 11478, Bakersfield, CA 93389

May Meeting

We had around 60 women come give support for our May recipient, Barbara Perry who has been suffering from Multiple Myeloma Bone Cancer. She was unable to be at the dinner, but her granddaughter, Kasey, accepted our gift for her. We had a wonderful dinner at Chuy's Mesquite Broiler. It was a little loud, but great food and very reasonable. Together with the support of all of you ladies we were able to gift her with around \$800. Good work HOW Bakersfield!

August Recipient

Helen Sherill is a 66 yr. old woman who has been suffering with Lupus for the past 30 yrs.. Over the last 3 years she has had 3 heart attacks and one massive heart attack most recently. She now lives with a pacemaker and defibrillator. She has had to endure many blood transfusions, injections, surgeries and medical expenses over the years. At this time her heart is functioning about 40%. Helen is a long time resident of Bakersfield. She is now living with her son who helps care for her. She is a loving grandmother and great grandmother of 2 great grand children whom she spends her days helping caring for them as well. They are her life she says and enjoys every minute of time with them. Let's come together HOW Bakersfield to give Helen a night of support she so deserves. She has been through so much over the years..Please spread the word, forward this to any woman who can and wants to join our great group of H.O.W. See you all there!