



*Our mission is to offer emotional and financial support to a woman and her family during a time of need*

*Please join us in  
"Helping One Woman"  
We can make a difference one woman at a time!!!!*

The Purpose of our group is to take some quality time out for ourselves, but also meet the needs of women in our community at the same time. By getting together for a "GIRLS NIGHT OUT" once a month, we enjoy dinner and friendship, but by giving \$10 each we contribute to making difficult times a little easier on a family going through a crisis.

As more women participate, our groups capacity to help those in need increases. We would like to see 100 women at our meetings who can give just \$10 each. Our goal is to give women a chance to take a little time for themselves and because they are benefiting their community at the same time. Everyone has the opportunity to bring suggestions for families to help. We put suggestions in a bowl and draw out the one we will focus on the next month.

**Please join us on Tuesday, April 20th, at the Visalia Marriot  
300 S. Court St. @ 6pm**

To honor **Sabrina Barba** who was diagnosed with Rheumatoid Arthritis (RA). She will be there to share her story and give us an update on her progress.

Meal \$10 & \$10 donation  
One hundred percent of all gifts go directly to the specified family.  
Food and beverages are NO-HOST.

**Please call to RSVP – Monie Gallegos @ 799-0656 or email  
rgallegoes@gmail.com**

*One woman with \$10 can take a friend to lunch.  
Ten women with \$10 each can buy groceries for a family in need.  
One hundred women with \$10 each can make a real  
difference in their community.*